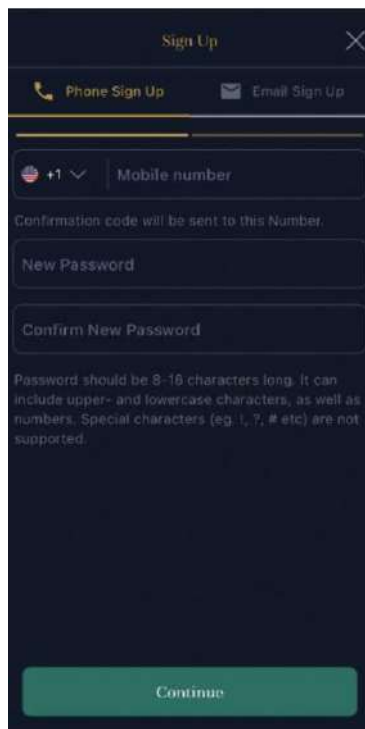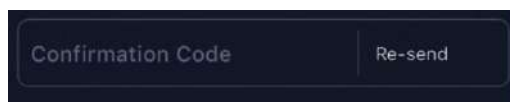**App Setup**
- You should first download the Symphony SleepSense® app on the Apple or Google Play Store.
- When you open the app, press **"Allow"** when the app prompts you to allow Bluetooth.

**Sign Up**



- Once you enter the app, you will create an account by pressing **"Sign Up"** at the bottom of the screen. After pressing this, you will see the screen shown above. You can create an account with either your phone number or email. Using a phone number is the default option, but you can use an email address by pressing **"Email Sign Up".**
- Create a password for your account and enter it into the **"New Password"** and **"Confirm New Password"** boxes. Then, press **"Continue."**
- Only U.S. mobile numbers can be used to register.
- The next page should have a box like the one below, where you can enter the confirmation code sent to the email or phone number you entered.
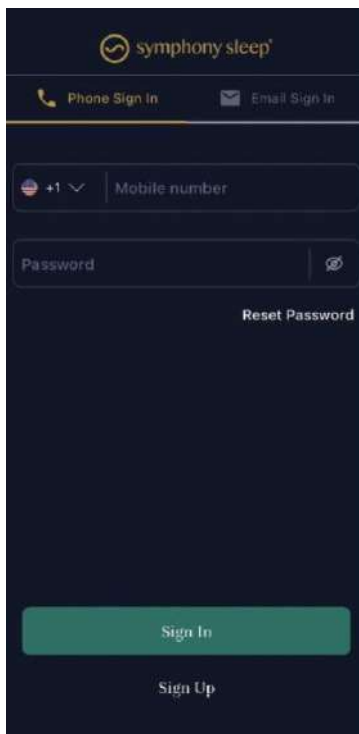


- After doing so, press the box next to **"I have read and agree to the privacy policy"** and press **"Continue."**

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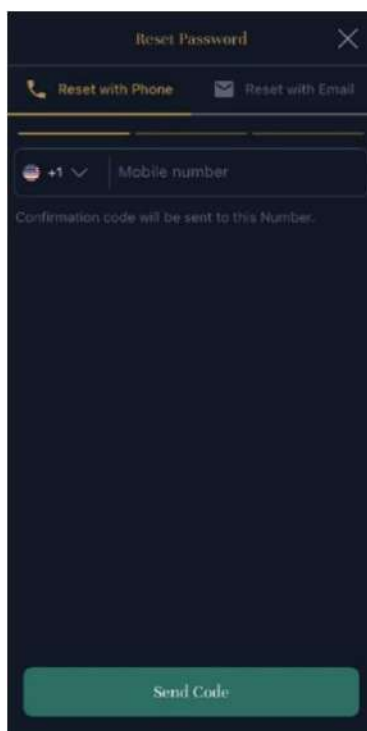available at symphonysleep.com

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**Sign In**
- After creating an account, you will be brought to the sign in screen below. Use the phone number or email you signed up with by selecting **"Phone Sign In"** or **"Email Sign In"** at the top of the screen. Then, enter the password you created when you signed up and press **"Sign In."**



**Reset Password**
- If you need to reset your password, select **"Reset Password,"** which is below the **"Password"** box on the sign in screen. After selecting this, you will be brought to the screen below.



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- You should reset your password using the same phone number or email you used to sign up. After entering this, a confirmation code will be sent to the phone number or email entered. After entering this, you can create a new password and press **"Save New Password."**
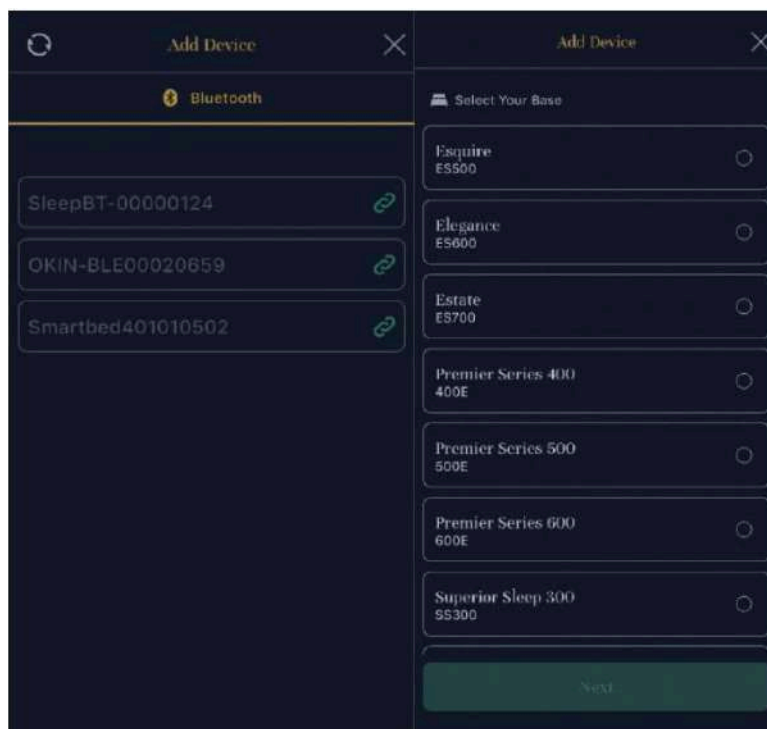


**Adding a Device**
- Once your account is set up and you have signed in, it will bring you to the screen below.
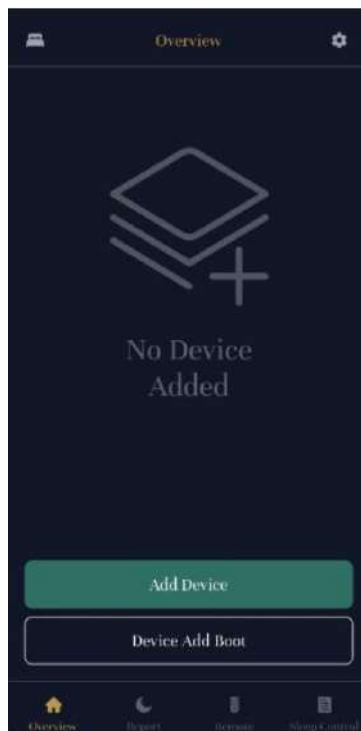


- None of the features of the app will work without adding a device first.
- To add a device, follow these steps:
  - Plug in your bed and the sleep monitoring box will automatically enter pairing mode. The light on the sleep monitoring box will begin flashing.
  - After pressing **"Add Device,"** you will be brought to the screens below. The app will search for your bed and after you select the bed to connect to, it will prompt you to select the type of bed you have.
  - Your bed will be titled **"Smartbed,"** followed by a series of numbers.

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· When the device's name pops up, press it and your device will be paired. You will then be given an option to name your device, as seen below.



· When your bed is connected, the screen will indicate that the device was added successfully, and the light on the sleep monitoring box will stop flashing.

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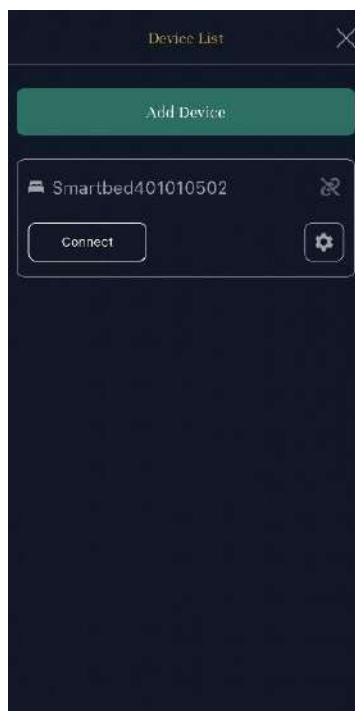
**Device List**



- You can check device info, add a new device, and reconnect/disconnect a device in the **"Device List,"** which can be accessed by pressing the bed icon ⬛ in the upper left corner of the **"Remote"** page.
- Press the gear icon ⚙ near the lower right corner of each device you add to the list to check for updates on your device. If an update is available, the word **"New"** will appear in the right side of the **"Version"** box. Press **"New"** to update the device.
- If you accidentally add the wrong type of device, you can press the gear icon ⚙ on the device to delete it and add the correct one, as seen below.

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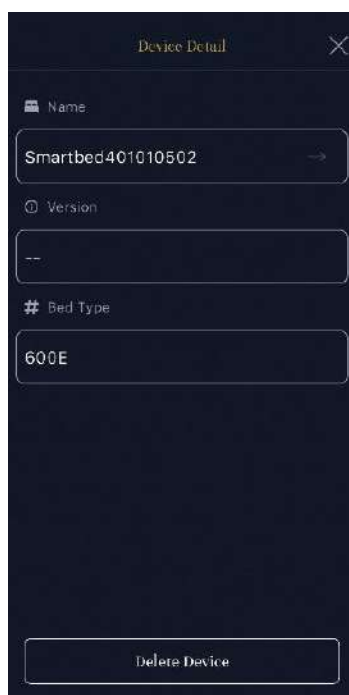
**App Functions (Without SleepSense®)**

Note: Since your Adjustable Base does not support the SleepSense®, the "Report" and "Overview" pages near the bottom of the screen <u>will not be present.</u>

**Remote: Position**
- The model of bed you have is shown at the very top of the screen. In the **"Position"** tab, you can adjust your bed according to its features.
- Features will vary depending on the bed's model, and the differences are shown in the table below.

| Bases | Adjustable Features |
|---|---|
| ES500 | Head/Foot/Elevation* |
| ES600 | Head/Foot/Lumbar/Elevation* |
| ES700 | Head/Foot/Lumbar/Wall Hugger/Elevation* |
| SS300 | Head/Foot/Elevation* |
| SS600 | Head/Foot/Lumbar/Wall hugger/Elevation* |
| ST800 | Head/Foot/Elevation* |
| 400E | Head/Foot/Elevation* |
| 500E | Head/Foot/Lumbar/Elevation* |
| 600E | Head/Foot/Elevation* |

*Elevation feature requires a separate purchase of an Elevation Kit.
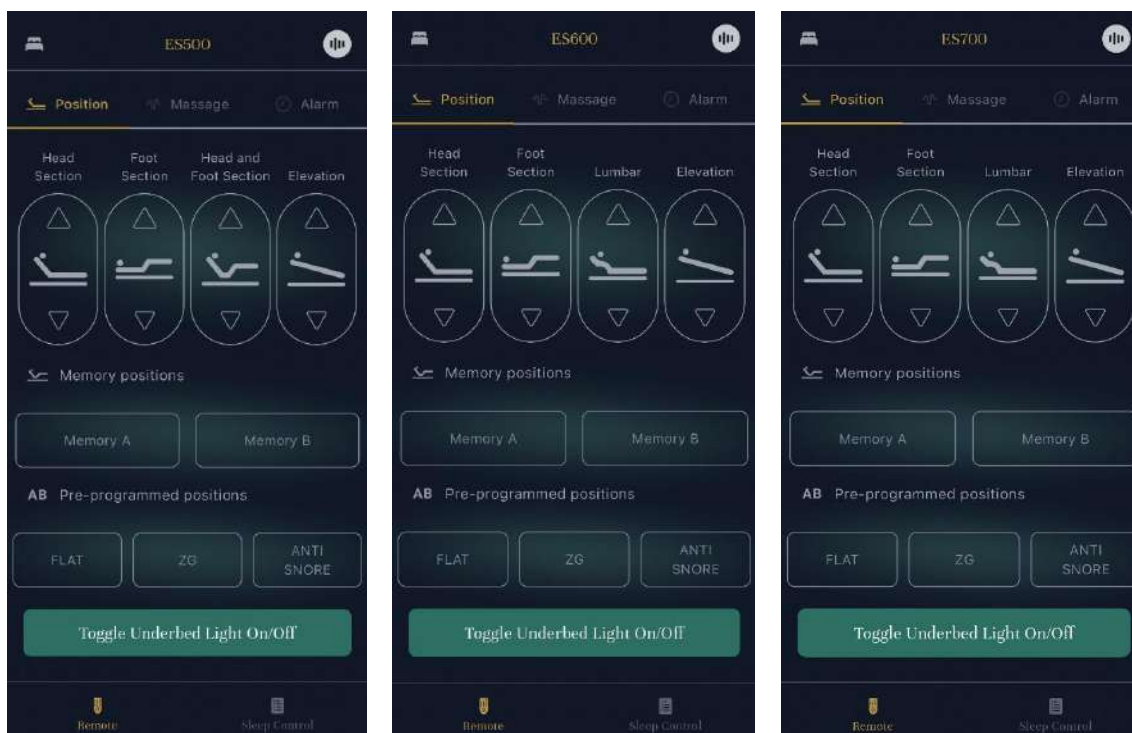


- On most bed models, you can save up to two positions by adjusting the bed to a desired position and holding down either of the buttons below **"Memory Positions"** for 5-6 seconds. You can save one position to both buttons. After doing this, if you adjust your bed into any other position, the **"Memory Positions"** buttons will return you to the positions saved on either button.

- Under **"Pre-programmed positions,"** there are three options to choose from. **"Flat"** returns your bed to a flat position if it is adjusted, **"ZG"** will put you in the zero-gravity position raising the head and foot, and **"Anti-Snore"** raises the upper portion of the bed slightly (around 5-10 degrees) to reduce snoring.  Additionally, **"Toggle Underbed Light On/Off"** turns a light on under your bed, should you need it.

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- This page also includes an icon in the top right corner of the screen [icon] that enables you to use voice control with your bed. On this screen, if you press the [+ icon] icon next to each prompt (Head Down, Foot Down, Elevation Down, ZG, etc.), it will add a command for Siri to follow. You can adjust what you say for Siri to perform these commands as well after you press the [+ icon] icon next to each command. Enabling **"Listen for Hey Siri"** in your device's **"Siri and Search"** settings will allow you to use the commands without picking up your phone to activate Siri. Simply say "Hey Siri." **Note:** This feature is currently only supported by Apple devices.

**Remote: Massage**
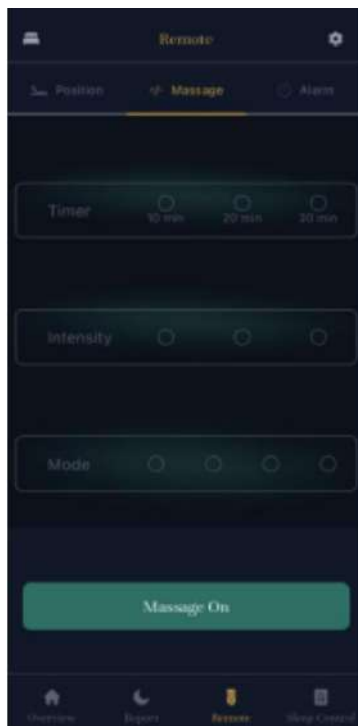


- The **"Massage"** tab seen in the image above allows you to set a timer for how long the massage lasts, adjust the intensity of the massage, and switch massage vibration modes when the user presses **"Massage On"** near the bottom of the screen.
- Switching between these options can be done by pressing each different circle in each category. To turn the **"Massage"** function off, press the **"Massage Off"** button.
- If you cycle all the way through the **"Timer"** settings (by pressing it one more time when you reach the third circle), it will deactivate the time set for the massage, and turn the massage off.
- In the **"Mode"** section, the vibration frequency/speed can be increased. The leftmost button is the lowest setting, and the rightmost button is the highest setting.
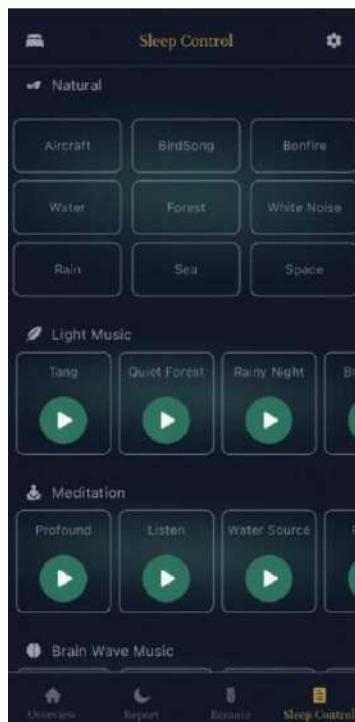
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**Remote: Alarm**



- The **"Alarm"** tab seen in the image above allows you to set an alarm by swiping the time selector, which is automatically at the current time by default.
- Below the time selector, there is an optional subsection to select a day of the week to repeat the alarm. Once selected, the white border surrounding the weekday will turn yellow.
- **Note:** Your selection of **"Wake Up Types"** will vary depending on which model of bed you have. In the **"Wake Up Type"** subsection, users can choose how they would like to be woken up. **"ZG"** will put you in the zero-gravity position, **"Flat"** will bring your bed to the flat position if it is not flat before you sleep, **"Memory A"** and **"Memory B"** will adjust it to the preprogrammed positions you can set in the **"Positions"** tab (see instructions above), and **"Massage"** will turn on the vibration function. The Alarm can be turned on and off by selecting the **"Turn On"** box near the bottom of the **"Alarm"** tab. If you choose **"Massage"** as a **"Wake Up Type",** it must be turned off in the **"Massage"** tab.

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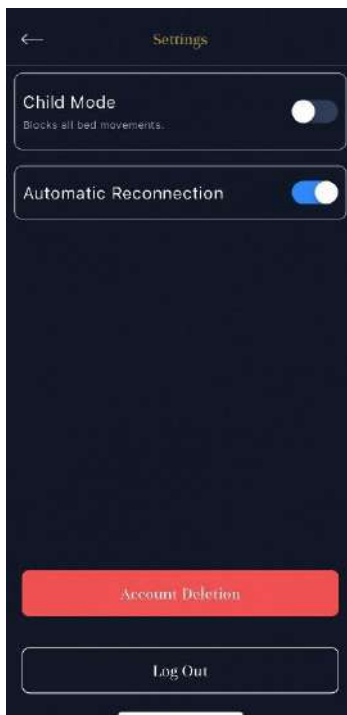REV 06.18.24

**Sleep Control**



- The **"Sleep Control"** page is a music player to help improve sleep quality with a variety of sound and music to choose from. You can choose from many different types of white noise or instrumental music.



- When you select a sound or music, a screen like the one above will appear. From here, you can pause, skip, repeat, or shuffle sounds or music based on the category you choose. **"Shuffle"** is disabled by default, **"Repeat"** is enabled by default.

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**Settings**



- You can access the **"Settings"** screen at any time by pressing the gear icon [gear icon] near the upper right corner of the **"Sleep Control"** page.
- **"Child Mode"** disables the **"Remote"** page and turns off all movement functions of the bed. This can be enabled or disabled by pressing the slider to the right of **"Child Mode."** If enabled, the message below will display on the **"Remote"** page.
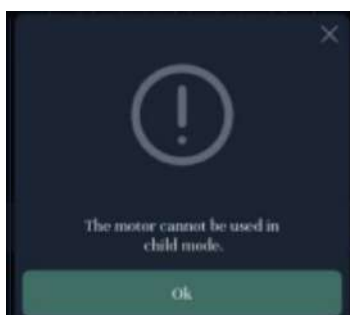


- **"Automatic Reconnection"** is on by default and is enabled so each time you enter the app you can adjust your bed without reconnecting to it.
- If you wish to sign in to a different account, you can press **"Log Out"**. If you wish to delete your account and its data entirely, you can press **"Account Deletion"**.

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